

CERTIFICATE **OF PARTICIPATION**

This is to certify that

Bongani Mkhwanazi

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:46:23

PACE 05:46/km **OVERALL** 1 of 166

GENDER 1 of 78 **OPEN** 1 of 40



23 June 2019, Sun

Date